

Special Olympics Lions Clubs International Foundation Opening Eyes® – vision and eye health



Description:

The Special Olympics Lions Clubs International Foundation Opening Eyes® program is changing lives in communities across the globe by providing comprehensive eye assessments, prescription eyewear, sunglasses and sports goggles to Special Olympics athletes and people with intellectual disabilities in general. After passing through 12 testing stations, the test results are reviewed and a decision is made as to whether the athlete needs new eyeglasses or sports glasses.

Chosen outcomes:

Special Olympics studies in Germany 2009 - 2020 (N=5.936)
48% needed and received glasses for free.

Special Olympics National Games Berlin 2022 (N=514)
10% indicated that they had never had an eye examination.
18% showed visual impairment.
43% needed and received glasses for free.

Volunteer at Opening Eyes:

Medical background:

- Ophthalmologists
- Optometrists
- Students and trainees of the above mentioned professions

Task description:

- Anamnesis
- Distant visual acuity test, near visual acuity test, color and stereo vision test, color vision
- Autorefraction
- intraocular pressure (IOP)
- slit lamp examination
- Optional OPTOS retinal exam
- Prescription of visual aids